

## Ontario Forklift Training Course

Ontario Forklift Training Course - OSHA and CSA establish criteria for forklift safety training that meets current regulations and standards. Anybody intending to utilize a forklift is required to successfully complete safety training before making use of whichever kind of forklift. The accredited Forklift Operator Training Program is meant to offer those training with the information and practical skills to become an operator of a forklift.

There are forklift operation safety regulations which must be followed pertaining to pre-shift inspections, and rules for loading and lifting.

Prior to a shift beginning, an inspection checklist should be carried out and submitted to the Instructor or Supervisor. If whichever maintenance problem is discovered, the equipment must not be utilized until the issue is dealt with. To be able to indicate the equipment is out of order, the keys have to be removed from the ignition and a warning tag placed in a visible place.

Loading safety regulations consist of checking the forklift nameplate's rating capacity and determining if the weight of the load falls within capacity. The forklift forks must be in the down position when the forklift is starting up. Remember that there is a loss of approximately 100 pounds carrying capacity for every one inch further away from the carriage which the load is carried.

So as to safely lift a palletized load, drive the forklift to the pallet and halt with the fork three inches from the load. Level the mast until it is at right angles to the load. Lift the forks to an inch under the slot on the pallet and drive forward. Then lift forks four inches. Tilt back the load to be able to secure it for moving. Drive the lift backwards if the load obscures frontal vision. Check behind and honk to warn other workers. Do not allow forks to drag on the ground.

Forklift loads should be loaded in such a way that they are secure and do not create a hazard to other objects or people. Restraining loads is necessary for materials which may shift during transport and destabilize the forklift.

In order to prevent the movement of drums, drums could be strapped together to lessen movement. Forklift operators should drive slowly when lifting liquids, to lessen instability in the forklift.